
OSWESTRY LOW BACK PAIN DISABILITY REPORT

Report Created On: 05/19/2012

Patient Name: Sample Patient

Date of Birth: 01/01/1945 Age: 67 Gender: Male

Last Evaluated On: 10/25/2008

Provider: Your Name, D.C.

Treatment Facility: Demo Clinic

Address: 19791 Wendigo Rd., Grand Rapids, MN 55744

Subjective History: You can enter a brief description of the presenting problem when you create a record for an individual patient. You can also select up to 4 diagnoses for each problem, and use selection lists and checkboxes to indicate whether some specific risk factors for prolonged recovery are present.

Primary Diagnosis: 847.2-Lumbar Sprain/Strain

Date of onset: 02/14/2003

Date first seen: 02/19/2003

Duration of symptoms prior to seeking treatment: < 1 Week

Number of prior episodes: None

Identified risk factors for prolonged recovery:

Current Yellow Flags assessment indicates a *high* level of risk.

Visual Analog Scale (VAS) Pain Intensity (0-10 scale) :

Evaluation Date	Pain Rating	Improvement To Date
12/01/2003	6	0%

OSWESTRY EVALUATION RESULTS

Evaluation Date	Score (Impairment)	Improvement to date
03/14/2003	50% (Severe)	
03/19/2003	30% (Moderate)	
11/10/2005	10% (Mild)	
10/25/2008	18% (Mild)	

Change since previous evaluation -8%

Overall change 32%

Score represents % disability in activities of daily living (ADL). Shifts of 10% or more in either direction are required to represent a significant change in the patient's condition. If the score does not improve by at least 10% (absolute change) in any two successive two-week periods, a change in management should be considered.

Current Profile: Descriptive statements endorsed by the patient.

Pain - The pain is mild and does not vary much.

Lifting - I can lift heavy weights, but it causes extra pain.

Sitting - I can only sit in my favorite chair as long as I like.

Personal care - I do not normally change my way of washing or dressing even though it causes some pain.

Walking - Pain prevents me from walking more than one mile.

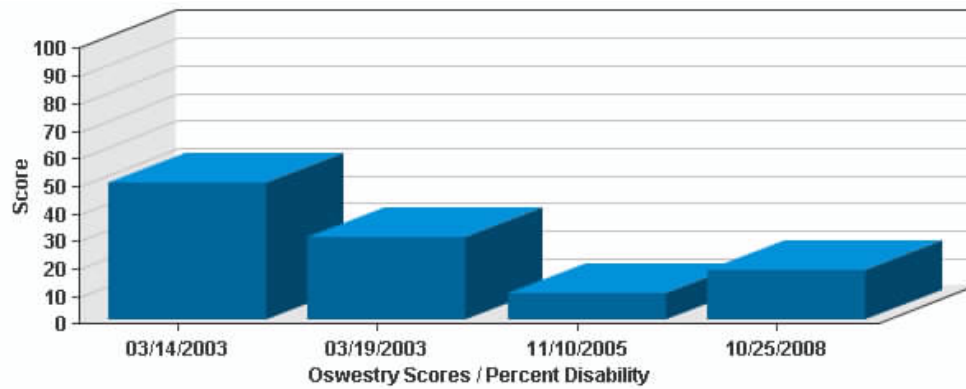
Standing - I have some pain while standing, but it does not increase with time.

Sleeping - I get pain in bed, but it does not prevent me from sleeping well.

Traveling - I get some pain while traveling, but none of my usual forms of travel make it any worse.

Social life - My social life is normal and gives me no pain.

Changing degree of pain - My pain fluctuates, but overall is definitely getting better.



Interpretation: The patient's reported pain level continues to be more than 10% above the norm of zero (0), but the level of functional impairment is now within or close to the normal range. Continued treatment for pain may be warranted, but further gains in functional abilities may be limited.

Clinical Notes:

You can use this area to provide additional details about the patient's progress in treatment. This can include any text you choose and you can also provide default text to insert. With default text you can avoid repetitious typing of content that is repeated for many of your patient reports. The editing feature lets you make changes to the default text so that it accurately reflects the status of the current patient.

The editing feature will support the creation of bulleted lists, numbered lists and custom formatting of text.

Your Name, D.C. May-19-2012

Relevant references

Fairbank, J., Davies, J., et. al. The Oswestry Low Back Pain Disability Questionnaire. *Physiother.*, 1980, 66 (18), 271-273.

Hudson-Cook, N., Tomes-Nicholson, K. The revised Oswestry low back pain disability questionnaire. Thesis, Anglo-European College of Chiropractic, 1988.

Baker, D. J., Pynsent, P. B. and Fairbank, J. C. T. The Oswestry Disability Index revisited: Its reliability, repeatability and validity, and a comparison with the St. Thomas' Disability Index.